

Giralang Preschool Winter Canteen Menu

Term 2/3, 2008

<p>SANDWICHES (Wholemeal or White)</p> <p>Salad \$3.10 Chicken Salad \$3.50 Ham/salad \$3.50 Egg & Lettuce \$2.50 Chicken \$2.30 Ham \$2.30 Egg \$2.10 Tomato \$1.90 Cheese \$1.90 Vegemite \$1.30 Jam \$1.30 Honey \$1.30 Extra Sandwich Items: 40c each</p> <p>EXTRAS Toasted add 40c</p>	<p>PRESCHOOL ROLLS \$4.00 (Wholemeal or White) Chicken or Ham Roll – cucumber, lettuce, tomato, carrot in a small roll</p> <p>Vegetarian Roll – egg, lettuce, tomato, carrot, cucumber in a small roll</p>	<p>HOT FOOD</p> <p>Pizza (Hawaiian) \$2.50 Spaghetti \$3.70 Macaroni Cheese \$3.70 Party Pie \$1.00 Sausage Roll \$2.20 Hot Dog/Sauce \$2.30 Hot Dog/Cheese/Sauce \$2.60 Puppy Dog/Sauce \$1.20 Puppy Dog/Cheese/sauce \$1.40 Chicken Chips .20 Chicken Nuggets .40 Spring Rolls .50</p>
<p>DRINKS</p> <p>Moove \$1.50 Fruit juice boxes \$1.10 Bottled water \$1.00</p>	<p>SNACKS</p> <p>Popcorn (fresh) .50 Chips .90 Rice Crackers .80 Mammee Noodles .80</p> <p>Home made Muffins</p> <p>Large .60 Mini .30</p>	<p>Large lunch bags are available for sale - 20 bags for \$2.00</p> <p>Interested in helping out? Call Shirley Kardum on 6205 5878</p>

Please write your **child's name, class and lunch order** with **prices** on a paper bag.
Place money securely inside the bag (No Staples). Change will be taped to the lunch bag.
Please enclose an **extra 20c** if a bag is required.

Giralang Primary School is a Health Promoting School

Allergies or food intolerances? We are happy to cater – please contact Shirley to discuss

(Some facts about the food served at our Canteen)

Wholemeal Sandwiches	Available each day the Canteen is open
Rolls	Available each day the Canteen is open
Popcorn	Made on premises fresh daily, contains little salt & butter (can request plain if preferred).
Fruit Boxes	100% fruit juice
Party Pies	‘Good Eating’ low fat and approved by Heart Foundation.
Sausage Rolls	‘Good Eating’ low fat and approved by Heart Foundation
Spaghetti	Low fat variety when available.